

# UNION COUNTY RESOURCES

Please know that resources are limited and offered based on availability.

## FINANCIAL ASSISTANCE

The programs listed below are places where you can get some financial assistance for rent, utilities, food stamps and Temporary Aid for Needy Families (TANF) programs. The TANF program provides cash assistance to low-income families with children while you strive to become self-sufficient.

- **Temporary Aid for Needy Families, SNAP (formerly food stamp)**  
Department of Human Services (DHS)      **541-963-4113**
- **Rental and Utilities Assistance**  
Community Connection      **541-963-7532**

## FOOD BANKS (Schedules and availability differ - call for details)

Below is a list of places in Union County that distributes food for the community so that our community members avoid facing hunger. Please contact them to find out the process to getting food or times and days they are passing out food boxes. Please also make sure you let them know if you need someone to deliver food for you if you are in quarantine.

- Community Connection      (541) 963-7532
- Cove Food Bank      (541) 910-1810
- Elgin Food Bank      (541) 910-4585
- Neighbor's Together      (541) 963-9126
- North Powder Food Bank      (541) 898-2146
- Salvation Army      (541) 963-4829
- Union Food Pantry      (541) 805-4765
- Meals on Wheels      (541) 963-7532

## **Online Grocery orders that can be picked up**

While it's still safe to grocery shop for essentials during the coronavirus outbreak, we encourage you to try online grocery shopping, pickup and delivery options to promote social distancing and limit exposure to others. There are the two stores in Union County that you can use to order food online and go pick them up.

- **Safeway, 2111 Adams Ave, La Grande, OR**  
Shop online at [www.safeway.com](http://www.safeway.com)
- **Walmart, 11619 Island Ave, La Grande, OR**  
Shop online at <https://www.walmart.com/grocery/>

## **Have you been impacted by COVID-19? We can help.**

- Rental assistance
- Utilities assistance  
(including water, sewer, garbage, gas, electric, etc.)
- Food boxes
- Harvest Share (fresh produce)

Rental and utilities assistance applications can be returned to the CCNO office or emailed to [tyana@ccno.org](mailto:tyana@ccno.org)

For more information, give us a call at 541.963.7532



**Community Connection of  
Northeast Oregon, Inc.**  
1504 Albany Street  
La Grande, OR 97850

## **Union County "Community Kitchen"**

A community coming together to HELP our Neighbors impacted by Covid 19 Quarantining!

If you are in Need of a  
Delivered Food Box  
Please Call 541/963-9126

**NEIGHBOR'S TOGETHER**  
La Grande Food Bank



If you or someone you know needs  
FREE Fresh Prepared Meals  
safely delivered due to Covid 19 quarantining  
Please contact:  
#LaGrandeStrong Neighborhood Watch Coordinator  
Spring Roberts via text 541/805-0248



## **Basic instructions to shopping online include the following:**

- Create an online account. If you already have an account, just Sign In.
- Find the item(s) you wish to order using the Search bar or select a department from the navigation box.
- Add your item(s) to the cart.
- Once you are done shopping, review items in your cart then select Checkout.
- From your cart, you can edit item quantities, remove items, or save them for a future purchase.
- When you're satisfied with the items in your cart, select Check Out.
- Choose available pick up dates and times. Be sure to verify that the store address/pick up location is correct.
- Select or enter your preferred payment method, enter all the necessary payment information and Review and select Place Order to complete your order. Keep in mind that depending on the store, additional steps may be required.

## **HEALTH INSURANCE INFORMATION & SUPPORT**

Do you have health insurance? Whether you need health insurance for yourself or your family, Northeast Oregon Network(NEON) provides support for people who need to enroll in health insurance. They also have some bilingual staff that can help assist you. To find out more, call

- Teresa Aguilera, Outreach and Enrollment Specialist/ Bilingual Assister at 541-910-0336

## **TRANSPORTATION SERVICES for Food & Other Errands for La Grande Residents**

If you have transportation issues, and need assistance with delivery services, please contact the La Grande Parks & Recreation Department at (541) 962-1352.

## **OREGON WORKER RELIEF FUND**

The Oregon Worker Relief Fund provides financial support directly to Oregonians who have lost their jobs yet are ineligible for Unemployment Insurance and federal stimulus relief due to their immigration status, and now face hunger, homelessness, and economic hardship.

- **Who is eligible?** For anyone who is 18 years of age or older and living in Oregon, who is facing hardship due to the COVID-19 pandemic and is excluded from other benefits because of immigration status. The Oregon Worker Relief Fund is safe and your information will be kept private.
- **To apply, you can:**
  - Contact Asian Pacific Network of Oregon (APANO) by calling 971-238-2186 and leave a message or send an email to [covidsupport@apano.org](mailto:covidsupport@apano.org)  
APANO can provide support in English, Asian and Pacific Islander languages.
  - Contact Euvalcree by calling (541) 889-3189  
Euvalcree can provide support in English and Spanish languages.

## **VETERANS SERVICES**

Center for Human Services provides veterans services for veterans, dependents of veterans, and surviving dependents of veterans, so that they get the help needed to apply for VA benefits. Support Services include,

- Advocacy assistance for veterans and their families.
- Advocates who understand the challenges, barriers and can help navigate and meet the needs of veterans and their families to ensure that they access well deserved resources and support.

For more information, contact

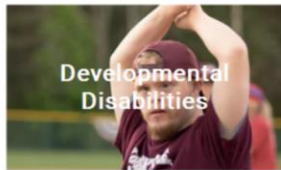
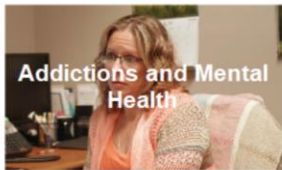
- Brian Blais, CHD Veterans Affairs at (541) 962-8842
- Angel Smith, Social Worker at La Grande VA Clinic (541) 963-0627
- Rhande Shaw (for Oregon National Guard) 541-963-4221

## **PUBLIC, MENTAL, AND BEHAVIORAL HEALTH QUESTIONS AND SERVICES**

The Center for Human Development (CHD) provides a variety of support services to help you improve your health and well-being in our community. CHD is committed to “providing professional, compassionate, and high-quality care” for the local community with a foundational understanding Eastern Oregon’s culture, history, and well-being.

Quoted on the CHD website - “Your privacy is important to us. Getting help is hard enough without having to worry about who knows what about your problems. CHD follows all state and federal laws regarding patient privacy. These laws are explained in CHD’s Notice of Privacy Practices”.

For more information in how to access services and support, contact Center for Human Development at (541)962-8800 or visit [www.chdinc.org](http://www.chdinc.org)



## **WIC NUTRITION PROGRAM | HEALTHY FOOD FOR YOUR FAMILY-CENTER FOR HUMAN DEVELOPMENT**

Struggling to provide healthy food for your young child during the COVID-19 crisis? WIC is here to help. The Center for Human Development WIC program is enrolling people by phone or online.

## **WORK & UNEMPLOYMENT ASSISTANCE - WORKSOURCE OREGON**

WorkSource Oregon is a network of public and private partners who work together to help people with workforce challenges and need help getting a job, applying for unemployment, getting additional employment training and other job security support and promotions/advancement opportunities. Services are available to individuals with disabilities, and free language assistance is available to persons with limited English proficiency. Contact the following phone numbers for more information,

- Employment Department at (541) 963-7111
- Training and Employment Consortium at (541) 963-7942

*For questions or needs not addressed on this list, please call the NEON Community Health Team*

*Teresa Aguilera (541) 910-0336 for help in English or Spanish*

*Femika Jacklick (541) 910-6308 for help in English or Marshallese*

*Stefani Carrel (541) 910-8807 for help in English or Spanish*

**Our mission is to help you thrive and be healthy!**